HEMPHILL ISD

	Monday	Tuesday	Wednesday	Thursday	Friday
					Pancake on Stick/syru Cereal/Toast/Jelly Fruit Juice Milk
	Labor Day	Cinnamon Roll Cereal/Toast/Jelly Fruit Juice Milk	Waffle/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Bisculy Cereal/Toast/Jelly Fruit Juice Milk	Kolache Cereal/Toast/Jelly Fruit Juice Milk
	Pop Tarts/Yogurt Cereal/Toast/Jelly Fruit Juice Milk	French Toast Mini/syrup2 Cereal/Toast/Jelly Fruit Juice Milk	Pancakes/syrup Cereal/Toast/Jelly Fruit Juice Milk	Biscuit & Bacon Cereal/Toast/Jelly Fruit Juice Milk	Pancake on Stick/syrus 15 Cereal/Toast/Jelly Fruit Juice Milk
	Muffin / Yogurt Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Roll Cereal/Toast/Jelly Fruit Juice Milk	Waffles/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Bisc 21 Cereal/Toast/Jelly Fruit Juice Milk	Kolache Cereal/Toast/Jelly Fruit Juice Milk
	Donut Cereal/Toast/Jelly Fruit Juice Milk	French Toast Mini/syr Cereal/Toast/Jelly Fruit Juice Milk	Pancakes/syrup Cereal/Toast/Jelly Fruit Juice Milk	Biscuit & Bacon Cereal/Toast/Jelly Fruit Juice Milk	Pancake on Stick/syrup 29 Cereal/Toast/Jelly Fruit Juice Milk



SEPTEMBER 2023

Hemphill ISD

Alternate Menu

Mon-Mc Rib Sandwich/Tue-Hot Dog

Wed.-Sausage Link on a bun

Thur.-Sandwich/ Fri-Pizza

Friday Monday Tuesday Wednesday Thursday Bar-B-Que Sandwich Tater Tots/ketchup Carrot Sticks/ranch Fruit Milk Chicken Spaghetti Steakfiingers Pizza 8 Cheeseburger Garden Salad/ranch Rice & Gravy **Broccoli Normandy** Labor Day **Burger Salad Steamed Carrots** Green Beans Corn Cucumber Coins/ranch Roll Fruit **Bread Stick** Smiley Fries/ketchup Fruit/Milk Milk Fruit / Milk Fruit / Milk Corndog Chicken & Dumpling 1/1 Chicken Sandwich Salisbury Steak 11 13 Chicken Fajita Mashed Potatoes/gravy Mac & Cheese Green Beans **Burger Salad** Mexicali Corn Garden Salad /ranch Steamed Carrots Waffle Fries/ketchup Mixed Vegetables Steamed Broccoli Fruit Carrot Sticks /ranch Fruit Roll Fruit Milk Fruit / Milk Fruit/Milk Fruit/ Milk Milk Tater Tot Casserole 21 Sloppy Joe Chicken Nuggets 18 Pizza 20 22 Frito Pie Tater Tots/ketchup Mashed Potatoes /gravy Garden Salad /ranch Lima Beans Pinto Beans Green Beans Corn Cornbread Cucumber Coins/ranch Steamed Broccoli Roll Fruit Fruit Fruit Fruit Milk Fruit / Milk Milk Milk Milk **Beefy Nachos** Corndog Bar-B-Que Sandwich 99 Beef Spaghetti 28 26 27 25 Teacher Workday Mac & Cheese Season Fries/ketchup Pinto Beans Black-eyed peas Spanish Rice Steamed Carrots **Candied Sweet Potatoes** Carrot Sticks/ranch Fruit Fruit Cornbread Fruit Milk Milk Milk Fruit/ Milk

Texas Department of Agriculture

Commissioner Sid Miller
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