MENU PRICES

Students:

Adults:

Second Plate:

2024 January

HEMPHILL ISD 6th-12th LUNCH

SERVED DAILY

SEASONAL FRUITS
VEGETABLES
1% WHITE OR FAT FREE CHOCOLATE MILK
CONDIMENTS

MON	TUE	WED	THU	FRI
1 Oven Fried Chicken Leg w/ Cornbread Mashed Potatoes w/ Brown Gravy Sautéed Spinach Chilled Fruit Fresh Fruit	2 Asian Wok Bar Orange Chicken/Teriyaki Chicken Steamed Rice/Noodles Stir Fry Vegetables Egg Roll WG Fortune Cookie	3 Homestyle Pizza (Cheese/ Pepperoni) Seasoned Corn Romaine Garden Salad Chilled Fruit Fresh Fruit	4 Beef Taco Pie w/ Spanish Rice Pinto Beans Carrot Raisin Salad 100% Fruit Slush Cup Fresh Fruit	5 Wing Bar w/ WG Roll Bone-In or Boneless Buffalo/ BBQ/ Lemon Pepper Curly Fries Carrot Sticks Chilled Fruit Fresh Fruit
8 Country Bowl w/ Whole Grain Roll Mashed Potatoes w/ Cream Gravy Steamed Broccoli Chilled Fruit Fresh Fruit	9 Asian Wok Bar Orange Chicken/Teriyaki Chicken Steamed Rice/Noodles Stir Fry Vegetables Egg Roll WG Fortune Cookie	10 Homestyle Pizza (Cheese/ Pepperoni) Mixed Vegetables Romaine Garden Salad Chilled Fruit Fresh Fruit	11 Crispitos w/ Spanish Rice Seasoned Pinto Beans Baby Carrots 100% Fruit Slush Cup Fresh Fruit	12 Wing Bar w/ WG Roll Bone-In or Boneless Buffalo/ BBQ/ Lemon Pepper Curly Fries Carrot Sticks Chilled Fruit Fresh Fruit
15 Chicken Tenders w/ Whole Grain Roll Mashed Potatoes w/ Brown Gravy Roasted California Blend Chilled Fruit Fresh Fruit	16 Asian Wok Bar Orange Chicken/Teriyaki Chicken Steamed Rice/Noodles Stir Fry Vegetables Egg Roll WG Fortune Cookie	17 Homestyle Pizza (Cheese/ Pepperoni) Seasoned Corn Romaine Garden Salad Chilled Fruit Fresh Fruit	18 Tamales w/ Chili Cilantro Rice Charro Beans Carrot Raisin Salad 100% Fruit Slush Cup Fresh Fruit	19 Wing Bar w/ WG Roll Bone-In or Boneless Buffalo/ BBQ/ Lemon Pepper Curly Fries Carrot Sticks Chilled Fruit Fresh Fruit
22 Chicken Nuggets w/ Whole Grain Roll Seasoned Green Beans Mashed Potatoes w/ Cream Gravy Chilled Fruit Fresh Fruit	23 Asian Wok Bar Orange Chicken/Teriyaki Chicken Steamed Rice/Noodles Stir Fry Vegetables Egg Roll WG Fortune Cookie 100% Fruit Slush Cup	24 Homestyle Pizza (Cheese/ Pepperoni) Mixed Vegetables Steamed Broccoli Chilled Fruit Fresh Fruit	25 Beefy Nachos Refried Beans Carrot & Red Bell Pepper Cup Lettuce & Tomato Salad 100% Fruit Slush Cup Fresh Fruit	26 Wing Bar w/ WG Roll Bone-In or Boneless Buffalo/ BBQ/ Lemon Pepper Curly Fries Carrot Sticks Chilled Fruit Fresh Fruit
29 Oven Fried Chicken Leg w/ Cornbread Mashed Potatoes Sautéed Spinach Chilled Fruit Fresh Fruit	30 Asian Wok Bar Orange Chicken/Teriyaki Chicken Steamed Rice/Noodles Stir Fry Vegetables Egg Roll WG Fortune Cookie 100% Fruit Slush Cup	31 Homestyle Pizza (Cheese/ Pepperoni) Seasoned Corn Romaine Garden Salad Chilled Fruit Fresh Fruit		

	MON	TUES	WED	THU	FRI
FUN LUNCH	Breaded Mozzarella Sticks w/ Marinara Sauce	Turkey & Cheese Wrap Baked Chips	Grilled Cheese Sandwich Tater Tots	Corn Dog Carrot Sticks w/ Ranch Cup	Cheeseburger Sesoned Fries
SALADS	Meatless Bento Box	Grilled Chicken Strawberry Salad	Ultimate Chef Ham Salad	Loco Dorito Beef Taco Salad	Chef Salad w/ Turkey

PRODUCT FUNDED BY THE USDA. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER