

BREAKFAST

SEPTEMBER 2019
HEMPHILL I.S.D.

We offer variety of cereal daily

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY 2	OATMEAL & TOAST OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 3	PANCAKES w/syrup OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 4	SAUSAGE & BISCUIT OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 5	BREAKFAST PIZZA OR CEREAL BAR & TOAST FRUIT & JUICE MILK 6
MUFFINS OR CEREAL & TOAST FRUIT & JUICE MILK 9	BREAKFAST BURRITO OR CEREAL & TOAST FRUIT & JUICE MILK 10	WAFFLES w/syrup OR CEREAL & TOAST FRUIT & JUICE MILK 11	PANCAKE & SAUSAGE ON A STICK OR CEREAL & TOAST FRUIT & JUICE MILK 12	EGGS & TOAST OR CEREAL & TOAST FRUIT & JUICE MILK 13
SAUSAGE ROLL OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 16	OATMEAL & TOAST OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 17	PANCAKES w/syrup OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 18	SAUSAGE & BISCUIT OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 19	BREAKFAST PIZZA OR CEREAL BAR & TOAST FRUIT & JUICE MILK 20
TEACHER WORKDAY 23	BREAKFAST BURRITO OR CEREAL & TOAST FRUIT & JUICE MILK 24	WAFFLES w/syrup OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 25	PANCAKE & SAUSAGE ON STICK OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 26	EGGS & TOAST OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 27
SAUSAGE ROLL OR CEREAL BAR & CRACKERS FRUIT & JUICE MILK 30				

Texas Department of Agriculture
Commissioner Sid Miller

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



MY SCHOOL BUCKS PAY FOR MEALS ONLINE MyschoolBucks.com

LUNCH

SEPTEMBER 2019

HEMPHILL, I.S.D.

OFFER DAILY VARIETY OF LUNCH
ENTRÉE
CORNDOG, BBQ SANDWICH, PIZZA,
AND CRISPIOS

Monday	Tuesday	Wednesday	Thursday	Friday
2 HOLIDAY LABOR DAY	3 CHICKEN NUGGETS W/KETCHUP MASHED POTATOES W/GRAVY GREEN BEANS ROLL FRUIT MILK	4 LUNCH BURRITOS RANCH STYLE BEANS GARDEN SALAD FRUIT MILK	5 CORNDOGS BAKED BEANS CORN FRUIT MILK	6 HAMBURGERS BURGER SALAD OVEN FRIES FRUIT MILK
9 BEEF SPAGHETTI BLACK-EYED PEAS GARDEN SALAD CORNBREAD FRUIT & MILK	10 POPCORN CHICKEN BROCCOLI GARDEN SALAD FRUIT MILK	11 PIZZA CORN CARROTS FRUIT MILK	12 SUPREME NACHOS GARDEN SALAD RANCH STYLE BEANS FRUIT MILK	13 CHICKEN BURGER BURGER SALAD TATER TOTS FRUIT MILK
16 HOT DOG PORK & BEANS GARDEN SALAD FRUIT & MILK	17 CHICKEN TENDERS CHEESY POTATOES PEAS & CARROTS ROLL FRUIT & MILK	18 LUNCH BURRITOS RANCH STYLE BEANS GARDEN SALAD FRUIT MILK	19 STEAKFINGERS RICE W/GRAVY MIXED VEGETABLES ROLL FRUIT & MILK	20 HAMBURGERS BURGER SALAD BAKED BEANS FRUIT MILK
23 TEACHER WORKDAY	24 CHICKEN NUGGETS W/KETCHUP MASHED POTATOES W/GRAVY GREEN BEANS ROLL FRUIT MILK	25 PIZZA CORN CARROTS FRUIT MILK	26 CHICKEN SPAGHETTI STEAMED BROCCOLI SWEET PEAS GARLIC BREAD FRUIT & MILK	27 CHICKEN BURGER BURGER SALAD TATER TOTS FRUIT MILK
30 BEEF SPAGHETTI BLACK-EYED PEAS GARDEN SALAD CORNBREAD FRUIT & MILK				

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MENU IS SUBJECT TO CHANGE


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